

HYGIENE CONCEPT

**GUIDELINES FOR THE PREVENTION OF THE SPREAD
OF SARS-CoV-2 IN THE BADISCHES STAATSTHEATER**

STAY HEALTHY!

GUIDELINES FOR THE PREVENTION OF THE SPREAD OF SARS-CoV-2 IN THE BADISCHE STAATSTHEATER

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1. OBJECTIVE

The aim of these guidelines is to prevent infections and to protect the health of visitors and employees.

The current versions of the SARS-CoV-2 Occupational Health and Safety Regulations, the SARS-CoV-2 Occupational Health and Safety Rules, and the SARS-CoV-2 Occupational Health and Safety Standards of the German Federal Ministry of Labor and Social Affairs, the current sector-specific action guidelines "Bühnen und Studios" (stages and studios) of the German statutory accident insurance **VBG**, as well as their references, are fundamentally applicable.

For this purpose, it is necessary to design productions that are suitable for the situation of the SARS-CoV-2 pandemic. The revival of existing plays must be re-evaluated. New plays should be conceived according to the situation. In particular, scenes close to the body are to be avoided.

The distance rules in the Appendix apply to any stage presentation without equivalent protective measures.

These guidelines shall be adapted to current epidemiological events.

These guidelines are mandatory for all employees and guests of the BADISCHE STAATSTHEATER.

2. SYMPTOM AWARENESS / SUSPECTED CASES

a) Symptoms

that suggest an infection by the coronavirus:

- Sore throat
- Fever
- Pneumonia
- Disturbance of the sense of smell and taste
- Cough
- Rhinitis
- Diarrhea

These symptoms can be relatively subtle, such as headache and sore throat. Such a phase with mild symptoms can precede a later phase with "typical" symptoms, such as fever and cough, by one or two days. However, typical symptoms can also be absent.

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If you have these symptoms, please stay at home and give notice to your manager, report sick, and confidentially notify the HR department.

Have you had contact with someone infected with the coronavirus?

Contact **by TELEPHONE** your GP or the medical on-call service of your city, e.g., Karlsruhe 116 117, or the coronavirus hotline of your district, e.g., Karlsruhe district 0721 – 133 33 33.

b) COVID-19 infection**What should I do if I am infected with COVID-19?**

Please immediately notify your supervisor by telephone that you are only ill. Most importantly, notify the HR department (3557-221 or -222) and inform them of your COVID-19 infection (positive test result) and provide them with a list of names of staff members with whom you have had personal contact within the past 14 days. A **Coronavirus Diary** is helpful here, in which you **daily** write down with whom you had personal contact.

What counts as a personal contact?

The following three criteria are relevant for the public health authorities:

1. Stay in the near field of the case (<1.5 m) for longer than 10 minutes.
2. Conversation with the case (face-to-face contact, <1.5 m, regardless of the duration of the conversation) or direct contact (with respiratory secretions).
3. Stay of contact person (and case) in the same room with probably high concentration of infectious aerosols for longer than 10 minutes, regardless of distance.

The HR department will then contact the employee, of course without mentioning your name. The same applies if a person living in the same household as the employee is infected with COVID-19.

c) Coronavirus case in the theatre

If a confirmed case in the theatre is reported, the public health authority will decide individually on how to deal with it in the employee's area of work concerned and give advice on the implementation of appropriate measures.

d) Risk groups

Due to the complexity of the influencing factors and possible combinations, a decision on classification into a risk group can, therefore, only be made by means of an individual risk factor assessment, in the sense of a medical appraisal. See definition of the Robert Koch Institute (RKI):

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(German site)

https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogruppen.html

English site (general information)

<https://www.rki.de/EN/Content/infections/epidemiology/outbreaks/COVID-19/COVID19.html>

If desired, an advisory meeting with the company physician can be arranged with affected employees. Please contact the **HR department** to make an **appointment**. If you belong to the risk group and can prove this with a medical certificate, please be sure to talk to your department manager in order to find a solution in consultation with the HR department!

e) Pregnant women

According to current findings, there are increasing indications that pregnant women can develop a more severe course of COVID-19 and that the risk of premature birth is increased by the disease. Please inform your manager of your pregnancy at an early stage so that he/she can take appropriate protective measures if necessary.

3. GENERAL HYGIENE RULES

Fundamentally, the following **hygiene rules** apply at the BADISCHE STAATSTHEATER:

- Entrance and exit only via the stage door.
- Personal contacts in the course of operational procedures are to be reduced to the minimum necessary for the operation. No shaking hands or similar.
- Keep social distance of at least 1.5 m.
- Wash your hands thoroughly and regularly with lukewarm water and soap (use hand disinfectant if hand washing is not possible).
- Sneezing etiquette: when coughing or sneezing, keep at least 1.5 meters away, turn away and sneeze into the crook of your arm or into a handkerchief. Please dispose of it immediately and be sure to wash your hands afterwards.
- Avoid touching your face (nose, eyes, and mouth).
- Ventilate room regularly; for existing CO₂ units, observe the limit value of 800 ppm.

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4. PROTECTIVE MEASURES

a) AHA + L rule

Meaning: social distancing, observation of hygiene, facial covering, and ventilation (for existing CO₂ units, observe the limit value of 800 ppm)

b) Wearing certified protective masks

- Reduces the spread of droplets.
- Reduces the spread of aerosols.
- Reduces touching your face.

Wearing certified protective masks should not lead to neglecting hand hygiene. While certified surgical masks are not as effective as FFP2 and FFP3 masks, certified surgical masks can also help reduce the spread of droplet infection.

Wearing a mask is compulsory on the premises of the BADISCHE STAATSTHEATER until you reach your workplace. Furthermore, masks are compulsory if the minimum social distance cannot be maintained. Exceptions apply only to performing personnel on the performance area/stage/rehearsal stage.

Please, always carry a mask with you!

c) Personal Protective Equipment (PPE)

PPE (FFP2 masks) must be worn for certain work (e.g., make-up when working with artists). Please observe the manufacturer's instructions and, if applicable, the associated wearing times. Employees who have to wear their FFP2 masks for longer than 30 minutes for work-related reasons have the opportunity to take advantage of a telephone **offer for examination**. Please contact the HR department if you are interested.

5. USE OF WORK EQUIPMENT (TOUCHING OBJECTS)

If **personal use** of work equipment is not possible, it must be cleaned with commercially available (household) cleaners before being passed on. In particular, surfaces that have come into contact with employees, for example through droplet release when talking, should be considered for cleaning. Such surfaces include tabletops, IT equipment, **telephone handsets used by a group**, steering wheels, gear levers and tools. Control panels of work equipment that must be used by different employees have to be cleaned regularly. Precautionary surface disinfection is not considered necessary. Props, see Attachment.

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6. WORK ORGANISATION MEASURES

- Separate working and break times (e.g., 2-shift operation).
- Separation measures.
- Forming small and fixed teams.
- Shifting starting times.
- Working from home/home office (where possible).

Even when several employees work together, e.g., in assembly, the minimum social distance between employees must be ensured. Where this is technically or organizationally not guaranteed, alternative measures (e.g. wearing protective masks) must be taken.

Testing and vaccinations are additional components in the catalogue of measures. They can prevent outbreaks and, thus, new clusters.

7. DUTY TO WORK

Duty to work continues to be compulsory. Though, the performance of work must be adapted to the situation. This is to be organized by respective supervisor in cooperation with the employees. This includes, for example,

- that fewer employees work in one room in order to maintain the applicable hygienic safety distance,
- that the applicable hygiene rules are to be observed,
- that in certain cases working from home by the hour or day is made possible,
- that, if necessary, on-call duty is arranged.
- In general, there is no entitlement to work from home. Non-vaccinated persons in Baden-Württemberg are not entitled to their pay in the event of quarantine. The reimbursement benefit for employers according to the German Infection Protection Act does not apply. Regulations on how the State of Baden-Württemberg as employer implements this requirement are not yet available to the BADISCHE STAATSTHEATER. This information will be provided later.

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8. ROOMS

a) Cleaning of rooms (incl. WC / showers / others)

Rooms are cleaned once a day with commercially available all-purpose cleaners. Sanitary rooms are cleaned twice a day with sanitary cleaner. Surfaces which are frequently contacted such as door handles, light switches, soap dispensers or the control panels in the lifts are disinfected twice daily. Heavily frequented rooms are cleaned twice a day. Regulations on the frequency and scope of cleaning and disinfection are also laid down in the respective German Risk Identification and Assessment (**Gefbu**, Gefährdungsbeurteilung).

b) Airing of rooms

As a rule of thumb, the following applies to general office rooms and meeting rooms:

- Per 10 sqm / one person
- Ventilate every 20 minutes. Leave the room at the same time.

Rooms (e.g., orchestra rehearsal room, STUDIO, etc.) with **air-conditioning and ventilation systems** (called **RLT**) are run with 100 % fresh air in the main building and in the **INSEL**.

In the **Nancy Halle** there is a recirculation system, the harmlessness of which has been confirmed by the city authorities. Due to the size and leakiness of the rooms, there is a sufficient volume of air. The filters have been upgraded, so it now takes longer to heat up the halls.

Please refer to the notices for room ventilation in the **Nancy Halle**.

c) Use of dressing rooms, stand-by rooms, and recreation rooms

The use of the artists' dressing rooms is currently restricted in order to maintain performance operations under coronavirus conditions (see Attachment).

Stand-by rooms and the canteen are to be used at different times. Here, the minimum social distance of 1.5 m also applies.

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9. STAY

Unnecessary stay on the premises of the BADISCHES STAATSTHEATER is prohibited. For the protection of employees, special work areas, e.g., the stages (ref. General Safety Instructions) are only to be entered with a work order and then left again immediately. Avoid unnecessary contact, instead use means of communication such as telephone, e-mail, and video conferencing.

10. INFORMATION FOR TRAVELLERS TO AND FROM RISK AREAS (FOREIGN COUNTRIES)

Please complete the form available at the gate if you have been in a risk area within the last 10 days. A risk area in the sense of the Baden-Württemberg **Coronavirus Regulation on Entry (short: Corona Entry Regulation)** is a country or region **outside** the Federal Republic of Germany.

- a) For persons entering from risk areas (foreign countries)
there is a compulsory registration to comply with the quarantine:**

Those wishing to enter must register digitally in advance at www.einreisanmeldung.de.

The online registration must take place before entry. This registration is equivalent to a notification to the public health authority. Furthermore, observe all applicable regulations regarding compliance with the quarantine obligation. Coordinate further procedures with the public health authority.

Please do not enter the BADISCHES STAATSTHEATER until you have consulted the public health authority and if you do not show any symptoms.

- b) You are an employee and want to travel to a risk area (foreign country)?**

Please only travel privately if it is absolutely necessary. Please take note of respective indications. You are responsible for complying with the current regulations in Germany. Please inform yourself in good time.

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Please inform yourself daily about the current regulations.

Please note the current regulations applicable to your region.

The current sources for the regulations:

https://www.baden-wuerttemberg.de/fileadmin/redaktion/dateien/PDF/Coronainfos/210729_Auf_einen_Blick_EN.pdf

<https://www.baden-wuerttemberg.de/en/service/aktuelle-infos-zu-corona/verordnung-fuer-ein-und-rueckreisende/>

<https://www.baden-wuerttemberg.de/en/service/aktuelle-infos-zu-corona/uebersicht-corona-verordnungen/>

<https://corona.karlsruhe.de/aktuelle-rechtsvorschriften>

d) Explanatory notes for travelers returning from risk areas (foreign countries):

For employees, the regulation of the Baden-Württemberg Ministry of Social Affairs and Integration on quarantine measures for entry and return travelers to reduce the spread of the virus SARS-CoV-2 (**Corona Entry Regulation**) applies in its current version.

Have you been in a risk area (foreign country) within the last 10 days before entering Baden-Württemberg?

Employees who enter Baden-Württemberg and have been in a risk area at any time within 10 days prior to entry are generally obliged to go into quarantine for a further 10 days or 14 days depending on the classification of the risk area unless an exceptional case according to **§ 2** of the Baden-Württemberg **Corona Entry Regulation** applies. The classification of risk areas and virus-variant areas is based on the publications of the **Robert Koch Institute** and is published on the homepage of the Baden-Württemberg Ministry of Social Affairs and Integration:

https://www.rki.de/EN/Home/homepage_node.html;jsessionid=17CC26A79A734BFBA5A5A28C444B2C41.internet102

and

https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Transport/Archiv_Risikogebiete/Risikogebiete_aktuell_en.pdf?blob=publicationFile

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Continued payment of wages during quarantine

In the event of quarantine due to travel, the regulations on the "general duty" mentioned in item 7 shall also apply.

If the duty to work cannot be fulfilled by home office/working from home, there is, in principle, no entitlement to remuneration under the Collective Agreement during this time. A compensation payment according to the German Infection Protection Act (§ 56 IfSG) may be omitted for non-vaccinated persons.

11. BUSINESS TRIPS

Business trips to virus-variant areas are not permitted. For travel to high-risk areas, the degree of immunization is decisive. Approval is granted after prior clarification of the current status with the travel office (Mrs. Wenk / Mrs. Böck).

If possible, only one person should be in the vehicle during business trips at home. If in exceptional cases this is not possible, all passengers (except the driver) must wear FFP2 masks. Window ventilation – no recirculation of the ventilation (at least level 2)!

12. SECONDARY EMPLOYMENT

Secondary activities/part-time jobs that employees wish to carry out in risk areas (virus-variant and high-risk areas) are not permitted.

In the case of secondary employment in Germany, it must always be examined whether there are any conflicting official interests in the individual case. But if the secondary employment was already approved before 1st November 2020, it may be carried out. Likewise, regular secondary employment (e.g., teaching at the music academy, stocking shelves in the supermarket, etc.) may still be carried out.

13. EXTERNAL PERSONS

The number of external persons shall be reduced to the minimum necessary. Every external person (craftsmen, guests, etc.) must register at the gate each time they visit.

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14. CONCEPT FOR THE PERFORMANCES

§ 10 of the Baden-Württemberg **CoronaVO** is decisive for the safety of event visitors (step-by-step plan).

- Adherence to the social distance rule of at least 1.5 m between persons.
- Observance of the general hygiene rules.
- Wearing a certified protective mask.

15. INSTRUCTION, DOCUMENTATION, AND CHECKING OF THE RULES

Employees must be instructed regularly by the responsible manager with regard to these guidelines, in particular, with regard to the general hygiene rules.

The risks of exposure to the coronavirus shall be assessed for each production in the **Corona Gefbu** (= Gefährdungsbeurteilung ≈ Corona Risk Identification and Assessment). The respective division managers (directors) are responsible for this. The respective department manager is responsible for the **Gefbu** of his/her department.

For on-site inspections of the measures, a supervising person is to be appointed by the employer or on his behalf by the respective division or department management and instructed in this regard. It is recommended that employees from the respective area of activity be appointed as **Coronavirus Coordinator** who are to inform the department management of the deficit in the event of repeated violations. The department management must immediately work towards a solution. In order to exercise their tasks independently, Coronavirus Coordinators shall be exempt from other activities that may interfere with their supervisory duties.

These updated guidelines are announced by the theatre management and came into effect on 27th September 2021.

The Theatre Management

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SOCIAL DISTANCES FOR STAGE PRESENTATION

Style		VBG [m]	BST overall [m]	GH ¹ [m]	KH ² [m]	STUDIO ³ [m]	INSEL ⁴ [m]	Nancy ⁵ Halle [m]
Speaking, statically	In speech direction, statically	-	4	*	3**	3**	3**	4
Speaking, statically	In all other directions (not speech direction)	-	3	3	1.5***	1.5***	1.5***	3
Dancing, singing, speaking excessively*		6	6	6	3**	3**	3**	6
Dancing, singing, speaking excessively*	In all other directions	3	3	3	3	3	3	3
Not speaking		-	2	2	1.5***	1.5***	1.5***	2
Not speaking	Running one after the other – without speaking, for short interaction (<2 min.)	-	2	2	1.5***	1.5***	1.5***	2
Not speaking	To go/run past sb. without speaking, for short interaction (<2 min.), without stopping.	-	2	2	1.5***	1.5***	1.5***	2
	Paths are crossing. Note: For Interactions where sb is speaking, the above distances apply.	-	2	2	1.5***	1.5***	1.5***	2
All musicians	Except wind instruments	2	2	2	2	2	2	2
Wind instruments		3	3	3	3	3	3	3
When singing	Statically, into the other direction with protection/acrylic glass	-	2	2	2	2	2	2
Distance to the conductor, musicians		3	3	3	3	3	3	3
Distance to the conductor, singer		6	6	6	6	6	6	6

¹ Air-conditioning and ventilation system (called **RLT**) only in the auditorium

filter F7

² RLT

filter F7

³ RLT

filter F7

⁴ RLT

filter M6 (responsibility of the city authorities)

⁵ Recirculation system, change of filter, continue to ventilate every hour

filter F9

* No evaluation at present

** Can only be reduced to 3 m if <800 ppm CO₂ is detected and recorded in the **Gefbu**

*** Can only be reduced to 1.5 m if <800 ppm CO₂ is detected and recorded in the **Gefbu**

The distances for ballet are regulated in the **Gefbu Ballet**.

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OCCUPATION OF DRESSING ROOMS

as of 27th September 2021

Observe the maximum number of persons allowed staying in the dressing room during rehearsals and performances, assuming regular airing.

Room 528 STUDIO dressing room	Max. number of persons in the room at the same time: 2
Room 237 (KH) Workroom dresser – Ladies	Max. number of persons in the room at the same time: 2
Room – Dressing rooms Ladies – Solo 233 – 236 (KH) – 4 dressing rooms 208 – 210 (GH) – 3 dressing rooms	Max. number of persons in the room at the same time: 2
Rooms 203 + 205 Dressing rooms Ladies – Chorus	Max. number of persons in the room at the same time: 13
Room 207 Dressing room Ladies – Chorus	Max. number of persons in the room at the same time: 2
Room 200 Dressing room Ladies – Extras	Max. number of persons in the room at the same time: 5
Room 201 Dressing room Ladies – Ballet	Max. number of persons in the room at the same time: 4
Room 205 Dressing room Ladies – Chorus	Max. number of persons in the room at the same time: 2
Room 214 (GH) Recreation Room Ladies – Dresser	Closed until further notice, as no airing is possible
Room 300 (KH) Workroom Dresser	Max. number of persons in the room at the same time: 1
Room – Dressing rooms Men – Solo 331 – 336 (KH) – 6 dressing rooms 309 – 315 (GH) - 7 dressing rooms	Max. number of persons in the room at the same time: 2
Room 306 (GH) Workroom dresser	Max. number of persons in the room at the same time: 2
Room 305 Dressing rooms Men – Chorus	Max. number of persons in the room at the same time: 12
Room 300 Dressing room Men – Chorus	Max. number of persons in the room at the same time: 2

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Room 302 Dressing room Men – Ballet	Max. number of persons in the room at the same time: 4
Room 301 Dressing room Men – Extras	Max. number of persons in the room at the same time: 3
Room 308 Dressing room Men – Solo	Max. number of persons in the room at the same time: 2
Room 319 Recreation Room Men – Dresser	Closed until further notice, as no airing is possible
Dressing room und Recreation Room INSEL	Max. number of persons in the room at the same time: 2

OCCUPANCY OF MEETING ROOMS

Meeting room	Number of persons
Ergotti	10
Lower Foyer	30
PB 2	11
Orchestra rehearsal room	18
New Entry	42

Minimum social distances must always be observed!

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MEASURES COSTUME, MAKE-UP, SOUND, AND PROPS

COSTUME

All rooms are equipped with CO₂ measuring devices. Regular ventilation and maximum occupancy rates must be observed.

Restricted use of the workshop rooms.

- Ladies' tailor shop: max. number of persons in the room at the same time: 12
- Men's tailoring: max. number of persons in the room at the same time: 10
- "Blue Salon": max. number of persons in the room at the same time: 3
- Costume assistance: max. number of persons in the room at the same time: 4

Guests shall use other rooms.

- ✓ Performers must wear masks after leaving the stage and, in case of multiple occupancy also in the respective dressing rooms.
- ✓ Guests must wear a protective mask throughout their stay in the workshops.
- ✓ Each performer needs his/her own personalized costume (incl. accessories)
Exception: Double use is possible if the respective costume parts can be cleaned or washed between the individual uses.
- ✓ Limited fittings:
 - Only possible in parallel in separate booths / STUDIO rehearsal stage (follow signs).
 - Max. number of persons per fitting:
4 persons → artist / wardrobe attendant / assistant / costume designer.
 - Start regularly on the hour / duration max. 45 min. / cleaning and airing afterwards.
 - Wearing of protective clothing, surgical masks and/or FFP2 masks, and gloves or adequate hand hygiene if gloves cannot be worn.
 - Persons with cold symptoms: Please stay at home and arrange a new appointment.
- ✓ Priority on washable (min. 40 °C / 1 h) materials and costume parts.
(Attention: Washing by hand is not sufficient and does not count as washing !!!)

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- ✓ Refrain from blood, soil, paint, etc.
- ✓ Deliveries / meetings only in small groups with certified masks and strictly limited in time.
- ✓ Restrictions on dressing room services (changing clothes, dressing and undressing, staying ...).
- ✓ **CO₂ measurement in the cloakrooms; limit value 800 ppm.**
 - Observe max. number of persons per dressing room / check signs on doors.
 - Adhere to protective and hygienic measures (AHA+L ≈ social distancing, observation of hygiene, facial covering, and ventilation).
 - Wear protective clothing such as gowns and gloves (washable or disposable) plus FFP2 masks during the entire dressing room service. If gloves cannot be worn, ensure comprehensive hand hygiene.
 - Limit the time spent by staff in the dressing rooms to what is absolutely necessary.
 - Stay in the stage area only as far as absolutely necessary.
 - Changing clothes in the dressing room or stage area is possible to a limited extent or only from the back (e.g., zip / close corsets / "help into the coat" ...).
 - Provision of self-tests for voluntary self-testing of wardrobe staff before each main rehearsal / performance.
 - Dressing and hanging back of the used costume parts, incl. accessories, is done independently by the artists on provided costume racks or in boxes with laundry bags.
 - Wear a certified mask and gloves when refurbishing costumes. If gloves cannot be worn, please care for comprehensive hand hygiene.
- ✓ Fast re-dressing, so-called "lightning dressing" in the stage area is possible to a limited extent / by rear assistance, but not frontal. No crowding! Assistance is only possible one after the other (re-dressing / rearranging hair / if necessary, further support such as flight harness, etc.)
- ✓ Self-reliance on the part of the performers.

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Special case: Double performances

- ✓ Re-installation for double performances will take place to the extent that the costumes are properly hung and placed.
- ✓ Ironing, spraying, repairs, drying, etc. are possible to a limited extent. No double use by different artists.

MAKE-UP

Working below the minimum social distance for longer than 10 minutes implies a high risk potential for the transmission of Covid-19.

Performance schedule

There is a total of 12 make-up places throughout the theatre.

Allocation	GH	7 make-up places
	KH	3 make-up places, different rooms
	STUDIO	2 make-up places, different rooms

Maximum working time with one performer is 40 min., with subsequent airing and cleaning time of 20 min. **CO₂ measurement in the cloakrooms; limit value 800 ppm.**

Two to three performers are served by one make-up artist before the performance. Protective equipment: FFP2 mask, spit shield, cape, disinfected hands.

Individual make-up boxes for each performer.

Fast redressing only without crowding!

When working on wigs, wear certified mouth protection and pay attention to hand hygiene.

Airing of non-washable wigs for at least 24 hours after a fitting before being further handled by make-up artists.

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- Outfits are to be checked for washability.
- Double casts: each one has his/her own outfit.
- Individual performers are taught to do their own make-up and hair due to reduced capacity.

Fittings are done for a maximum of 40 min.

Protective equipment: certified mask for the performer and the make-up artist, if performer cannot wear a mask, then FFP2 mask for make-up artist.

MICROPHONES

Lapel microphones and their accessories (e.g., transmitters) are to be put on independently. Where possible, the microphones are personalized. Passing them on during the scene is to be excluded. Non-personalized microphones must be disinfected after use and/or before passing on.

PROPS / REQUISITES

Passing on props could enable transmission of the virus via smear infection. Therefore, protective measures, such as wearing gloves or recurrent hand hygiene, are necessary depending on the local infection incidence.

USE OF SHOWERS

- Showers are to be used by only one person at a time.
- The time spent in the shower should be as short as possible.
- Thoroughly clean hands with shower gel before washing face. After contact with surfaces with which other people also have contact, e.g., door handles, do not touch your mucous membranes.
- Wash hands thoroughly again (20-30 sec.) with liquid soap before leaving the shower.
- Keep an interval of 5-10 minutes between showers for different people.

Stay Healthy!

GUIDELINES FOR THE PREVENTION OF THE SPREAD OF SARS-CoV-2 IN THE BADISCHE STAATSTHEATER

CORRECT HANDLING OF CERTIFIED PROTECTIVE MASKS

Due to the introduction of mandatory masks, you should avoid mistakes when putting on your certified protective mask, otherwise you will not protect yourself or your colleagues.

What you should do:

- Wash your hands thoroughly before putting on the mask.
- Place the covering over your mouth and nose.
- Slide your fingers back along the top of the certified protective mask to prevent it from slipping and slide the elastic bands (ear straps) behind your ears or tie the straps behind the top of your head.
- Mouth and nose must be completely covered for sufficient effect and the certified protective mask should be as tight as possible on the cheeks.
- If possible, only touch from the outside, not on the inside.
- At the end, the certified protective mask should fit and be fixed so well that it is no longer necessary to correct the fit.
- To remove the mask, remove it from the back. Finally, wash or disinfect your hands.
- The German statutory accident insurance **DGUV** recommends a maximum (uninterrupted) wearing time of 75 minutes for FFP2 masks, followed by a recovery period of 30 minutes. Three uses are then possible. In case of moisture penetration, the FFP2 mask must be changed earlier!

Please pay attention

If the certified protective mask is worn **under the nose**, it is practically **useless**, as the nostrils are exposed.

Loosely dangling a certified protective mask with straps on the chest is also not effective. Both methods increase the risk of spreading your own germs on the outside of the protective mask – so the certified protective mask may do more harm than good.